

## 2011 Fasting Contract

My Cause or Reason for Fasting:	
I will fast:	
Begin Date	
End Date	
Out of the total number of days that I spend fasting, I will fast a partial/Daniel fast fordays and fast a full fast fordays. ( <i>Insert number of days</i> ).	
I will ask	to fast with me.
My prayer partner will be:	
I believe that God is the on and that prayer without fast get an answer to my need. T fasting because I need God	ing is not enough to herefore, by faith, I am
God being my strength and commit myself to the above	
Signed	Date