

# Pursuit

*Giving God the First of 2012* 21

## 2012 Fasting Contract

My Cause or Reason for Fasting:

---

---

---

---

---

---

I will fast:

Begin Date \_\_\_\_\_

End Date \_\_\_\_\_

Out of the total number of days that I spend fasting, I will fast a partial/Daniel fast for \_\_\_ days and fast a full fast for \_\_\_ days. (*Insert number of days*).

I will ask \_\_\_\_\_ to fast with me.

My prayer partner will be: \_\_\_\_\_

I believe that God is the only answer to my request and that prayer without fasting is not enough to get an answer to my need. Therefore, by faith, I am fasting because I need God to work in this matter.

God being my strength and grace being my basis, I commit myself to the above fast.

Signed \_\_\_\_\_ Date \_\_\_\_\_